

ABBEY HILL U.R.C. MAGAZINE

October
2025



The Power of Rest

REST: “To cease work or movement in order to relax, sleep or recover our strength”

We hope you have all enjoyed the summer – perhaps a memorable holiday or a chance to find some restful time with friends and family – in your garden maybe or a gentle walk in your favourite peaceful surroundings.

As you read this we will be enjoying a restful cruise along the River Douro in Portugal at the end of what has been a somewhat busy and stressful few months with family illnesses and culminating a few weeks ago now in the loss of our dear friend Haro Horsfield. (There will be a full tribute to Haro in the next magazine; but from the feelings that have been expressed by so many, it is clear how well loved she was.) Many of you will have had the same experiences.

REST is something we all say that we want more of in our busy lives but so often we fail to manage it. So how do we achieve it? Here are a few pointers:

- If you feel exhausted – REST!
- If you don't feel like starting something new – don't! Just REST in the beauty of the old – in what is familiar to you.
- If you want to postpone something until tomorrow – then do so.

Remember, time does not always need to be filled.

If only we could see the power in REST we would do more of it – physical REST, mental REST and so important spiritual REST.

In the Bible, REST is seen as a gift from God, beginning in the creation story with God's own REST on the seventh day and extending to the example of Jesus who, when needed, found time to get away from his own busy schedule to find REST and quiet.

So - wishing you all a restful Autumn!

John Thomas and Jane Woods-Scawen

CHURCH SERVICES FOR OCTOBER 2025

- 5th Sunday 11.00 Family Service led by George Jones**
- 12th Sunday 11.00 Healing Service led by Anne Holloway and Kath Shortley.**
- 19th Sunday 11.00 Family Service with Communion led by George Jones**
- 26th Sunday 11.00 Family Service led by Sarah Williams**



CHURCH SERVICES FOR NOVEMBER 2025

- 2nd Sunday 11.00 Family Service led by George Jones**
- 9th Sunday 10.00 Remembrance Service led by Anne Holloway**
- 16th Sunday 11.00 Family Service with Communion led by Jane Woods-Scawen**
- 23rd Sunday 11.00 Family Service led by George Jones**
- 30th Sunday 11.00 Advent Sunday service led by Hilary Scott**

Home Bible Study Group

This group meets at Hilary Scott's house on Wednesday evenings – 7.00pm. Contact Hilary for further details – 07749 836928
Sunday 26th October

On Sunday 26th October.....

We are thrilled to welcome Sarah Williams to lead our worship. Sarah is the daughter of Anne and Fred Holloway, and a onetime member of Abbey Hill Junior Church. She now lives in Macclesfield where she runs her charity Sowing Roots, taking Christianity into schools.
<https://share.google/Opp4ymRinWIEu5oKS>

Treasurer's Report

The violin/piano Concert in August raised £200 for church funds. Easy Fundraising gave us £134. The Coffee Morning organised by Eleanor raised £360 for the Guide Dogs. The insurance company paid £473 towards the damage to electronic equipment caused by the lightning strike.

I would like more suggestions for causes for the communion offertory. The October collection I would like to donate to Afghanistan. You may remember the earthquake which struck on the 31st August causing huge damage in remote districts. This soon dropped out of the news but the suffering of those caught up in this disaster still continues. The British Red Cross are active in this area and contributions would be welcome.

David Connelly

A Big Thank You!

We really wanted to thank Abbey Hill URC and George for such a wonderful, special Thanksgiving service for the birth of Lila. It felt really personal.

Also, both George and the congregation made our friends and family feel really welcome, they felt the warmth and support of the church community. It was also nice to see people I, (Louisa Pointon), hadn't seen for a long time!

Best wishes

Louisa, Graham and Lila

DATES FOR YOUR DIARY

Regular Events

Event	Venue	Date	Time	Coordinator
Elders Meeting	Abbey Hill	1 st Wednesday every month	7.15 pm start	Elders
Managers Meeting	Abbey Hill	2nd Wednesday every month	7pm start	Ivan Pointon
Coffee Pot	Abbey Hill	Every Thursday	9:30 to 11:30	Betty and David Connelly
Community Listening Exchange hosted by coffee pot	Abbey Hill	3 rd Thursday every month	10:00	Ivan Pointon & Ed Watson
Repair Café	Abbey Hill	Every 3 rd Saturday	2 to 5pm	Kenilworth Repair Cafe

Dates for Your Diary October 2025

Crafting items for Teams4U shoeboxes	Abbey Hill	Wednesday October 1 st and 8th	10-12	Susan Cross
Church Meeting	Abbey Hill	Sunday October 5 th	After the service	George Jones
Shoebox Deadline	Abbey Hill	Sunday October 12th	After the service	Susan Cross
Thrive Quiz	Abbey Hil	Saturday October 18th	18:30	George Jones
Project Joy 2	Abbey Hill	Saturday October 25 th	10-12	George Jones

Future Events

Art Workshop	Abbey Hill	Saturday November 1 st	10 to 12	George Jones
Music Workshop	Abbey Hill	Saturday November 8 th	10 to 12	George Jones
Cookery Workshop and closing event	Abbey Hill	Saturday November 15 th	10 to 3pm	George Jones

NEWS OF THE CHURCH FAMILY FOR OCTOBER

OCTOBER BIRTHDAYS

A Happy Birthday to all of the following:-

October 1 st	Glo Ford
October 2nd	Gloria Cordery
October 3rd	Mia Shortley
October 9th	Layla McKenzie
October 11th	Roz Morris
October 16th	John Nichols, Emma Watt, Toby Lawrence
October 22nd	John Thomas
October 24th	Pete Warren
October 29th	Alison Crichton

BIRTH

Congratulations to Donna and Mark on the birth of their fourth child, Jorgia Sophie and to Ivan and Alison on the birth of a new granddaughter.

DEATH

We were very saddened to learn earlier this month of the death after a long illness, of Haro Horsfield the wife of Donald a former minister of Abbey Hill URC. Haro was a very special lady, much loved by all who knew her and our thoughts and prayers are with Donald and her daughter Sarah at this sad time.

A further tribute will be in the November magazine.

THINKING OF

We think particularly this month of Vera Cooper at present in Warwick Hospital and we continue to pray for Mary Skidmore, Edna Dixon, Janet Turner, Mavis Duckworth, Winnie Tawil, Esme Thorpe, Gaynor Williams and Peter and Barbara Champion.

All of the above mentioned and any who do not wish to be mentioned by name, are in our thoughts and prayers.

FRIENDS LISTEN WITH THEIR HEARTS

*Friends listen to what you say
Good friends listen to what you don't say.*

Anon.

*The privilege of friendship is to talk nonsense and to have the nonsense respected.
Charles Lamb.*

Please let Pat Cowan know on 01926 313904 if you have any news of the church family.



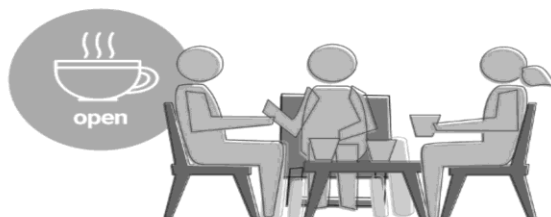
Prayer Breakfast

Saturday 4th October starting at 9am

**Kenilworth Methodist Church
Priory Road, Kenilworth CV8 1LQ**

There will be a time of prayer and reflection.
We will then share a simple breakfast
together.

Everyone is welcome!



Pintogether

Advance notice that our next Pintogether will be on Friday 21st November from 7pm in The Green Man. All are welcome to join us for a relaxed evening of friendly conversation.

Celebrating Faith, Hope and Love in Kenilworth

This August, Abbey Hill United Reformed Church in Kenilworth hosted Project Joy, a series of four free community workshops blending poetry and art with the themes of faith, hope, and love. The events drew strong attendance, with a diverse mix of just over one hundred attendees and volunteers across all events. The church worked with two local professional artists: poet Emilie Lauren Jones, who was Coventry's first Poet Laureate; and multidisciplinary visual artist Ellie Rose who works intuitively with varying mediums from mixed media painting and drawing, land art photography, community projects and murals.

Every Tuesday evening throughout the month, participants explored the theme in friendly and supportive workshops. Poetry sessions reflected on Biblical texts such as The Sermon on the Mount alongside modern writers like Danusha Laméris, inspiring original writing that gave voice to themes of kindness, resilience, and love. Art workshops invited participants to create vibrant pieces using cyanotype and playful mark making. Discussions were an integral part of all sessions, and it was wonderful to see new connections being made and friendships forming. At a time where society can feel divided, it was brilliant to meet so many people who were keen to celebrate positivity through creative practices and conversations.

The atmosphere was described by attendees as uplifting and inclusive, with many saying they felt encouraged to share their words, ideas, and artworks in a safe, creative space. One attendee said the sessions were a wonderful way of 'sharing thoughts and ideas and meeting new people and making new friends', a sentiment shared by many others. Several attendees also reported an increase in confidence after attending one or more sessions.

Art workshop leader Ellie Rose said ‘it was a great opportunity to bring known and unknown people into the church and meet on one level and to be able to freely think about the theme of Faith, Hope and Love.’

I really appreciated the enthusiasm of everyone that took part in the creative events and love the fact that art and poetry can work together.

Many of the wonderful pieces created across the project will feature in a beautifully produced community booklet, to be launched later this year and distributed free of charge to local people, groups and churches. The booklet will continue to celebrate the voices and creativity of all who took part, leaving a lasting mark of faith, hope and joy in the community.

A short highlights video of the project so far is now available online:

Following on from the success of these sessions, Abbey Hill United Reformed Church is pleased to announce they will be offering even more free community workshops, for all ages, across four Saturdays later this year with music and cookery workshops being added to the lineup. More details will be released soon

Project Joy is supported by Abbey Hill URC as part of its Visibility and Outreach initiative, and is funded by the King’s Table Fund. For more information visit: www.kenilworthabbeyhillurc.org.uk/

Eco Matters

While having said in the magazine letter that one can feel powerless to help the planet amid the growing number of climate sceptics, it is known that we are drowning in a sea of plastic waste. And we can do something about that.....

The new recycling centre at Sherbourne has enabled more types of plastic to be put in the blue bins. Read the list on the council website.

<https://www.warwickdc.gov.uk> then click on recycling

The really horrifying fact about plastics is that micro plastics now invade every part of not just our lives but our bodies too!!! By being more aware of how many household and personal care items contain plastic we can try to avoid those by looking for ones that don't contain plastics. See below.....

A date for your diary to help with this is **Tuesday 14th October 7.30 in the Lower hall**. A company called Reyoustable [\[www.reyoustable.eco\]](http://www.reyoustable.eco) is coming to talk about what they offer and why, along with some of the products that they sell. Help yourself and the planet and come along.

One thing that really bugs me is the number of supermarket products that still come in packaging that says 'Do Not Recycle'! The industry say they are working on it!!!

Bees There has been a concern for a while that bees are not as numerous as they once were, particularly hive bees, on whom the world depends on for pollination of crops. Recent research has shown that by removing the honey and leaving the bees with sugar water or feeding them with supplements – made of protein flour, sugars, and oils – bees lack the right sterol compounds, [a] and has been detrimental to the health of the bees.

- By the end of the study period, colonies fed with the sterol-enriched yeast had reared up to 15 times more larvae to the viable pupal stage, compared with colonies fed control diets.
- Colonies fed with the enriched diet were more likely to continue rearing brood up to the end of the three-month period, whereas colonies on sterol-deficient diets ceased brood production after 90 days.
- Notably, the sterol profile of larvae in colonies fed the engineered yeast matched that found in naturally foraged colonies, suggesting that bees selectively transfer only the most biologically important sterols to their young.[b]

It is hoped that this might soon be available commercially and restore the bee population. [more longer trials are required]

[a] A new study led by the University of Oxford The results were published 20/08/25 in the journal *Nature*.

[b] A new study led by the University of Oxford The results were published 20/08/25 in the journal *Nature*.

If you care about the state of the planet Earth please think about joining the Eco group.

Anne Gilmore

What you can put in your blue-lidded bin

- paper
- card and cardboard
- glass bottles and jars
- metal tins and cans
- Aerosols
- clean foil
- plastic bottles, pots, tubs, and trays
- plastic bags - carrier bags, salad/fruit/vegetable bags, bread and cereal bags
- confectionary wrappers - chocolate, sweets, biscuits, cakes, ice cream and chewing gum wrappers
- foil lined packaging - crisp/snack packets, coffee bags
- cheese, fish and meat wrapping
- outer layer bags and wrapping - multipacks, toilet and kitchen roll wrapping, magazine and newspaper wrapping
- plastic film and sleeves - removable film lids, plastic sleeves for bottles and jars
- Toothpaste tubes - not rolled up and empty of their contents
- bubble wrap and cling film
- fruit and vegetable net bags
- food and drink cartons (TetraPak)

Churches together in Kenilworth and District

At the AGM of Churches Together in Kenilworth and District in July it was agreed that rather than trying to cover events such as Lights switch on, Lions Day etc. the churches would concentrate on congregations getting to know one another better and supporting each other's events.

It is particularly important in these troubled times that churches show support for each other and their local communities.

I have been involved with Churches Together for some 30 years and feel that it is an important part of being a Christian. Whatever our different denominational beliefs and traditions, what truly unites us is that Jesus Christ, the only son of God was crucified, died, rose from the dead and ascended into Heaven to reunite us with God the Father.

There are a couple of events coming up in October, one at the Methodist Church (Saturday 4th October, 9am Prayer and Breakfast) and one at Abbey Hi(Tuesday 14th October a talk about on plastic based products for the home, with display and opportunity to buy the products).

Please support these events.

Churches Together in Kenilworth and District is comprised of Leaders Group and Enabling Group. There is a Convener (currently myself), Secretary (a member of the Methodists) a treasurer (member of St Francis of Assisi). These plus a representative from the Leaders group form the Executive. Each church is to be represented by 3 members of their congregation. Meetings are held 4 times a year including the AGM which as mentioned is held in July.

All in the month of October

750 years ago, on 27th Oct 1275 that the city of Amsterdam in the Netherlands is traditionally considered to have been founded.

200 years ago, on 25th Oct 1825 that Johann Strauss II, was born. This Austrian composer is best known for his waltzes, including *The Blue Danube*.

100 years ago, on 13th Oct 1925 that Margaret Thatcher, Baroness Thatcher, was born. She was the first woman Prime Minister of Britain (1979-90). (Died 2013.)

90 years ago, on 12th Oct 1935 that Luciano Pavarotti, Italian operatic tenor, was born. Considered one of the finest tenors of the 20th century, and one of the most commercially successful of all time. (Died 2007.)

70 years ago, on 20th Oct 1955 that *The Return of the King*, the third and final part of J.R.R. Tolkien's *The Lord of the Rings*, was published.

60 years ago, on 8th Oct 1965 that the Post Office Tower (now the BT Tower) in London was officially opened. It was the tallest building in the UK until 1980.

50 years ago, on 9th Oct 1975 that the IRA detonated a bomb near the Ritz Hotel in Piccadilly. One person was killed and at least 20 injured.

25 years ago, on 26th Oct 2000 that the BSE Inquiry Report was published in the UK. It concluded that the BSE (Mad Cow Disease) epidemic was caused by the use of infected meat and bone meal in cattle feed.

20 years ago, on 3rd Oct 2005 that Ronnie Barker, TV comedian, actor and writer, died. Known for *The Frost Report*, *The Two Ronnies*, *Porridge*, *Going Straight* and *Open All Hours*.

10 years ago, on 26th Oct 2015 that the Hindu Kush earthquake hit Afghanistan, India and Pakistan. At least 399 people were killed, and 2,536 more injured.

2 Sides of the Coin

While still pleasantly warm, days are getting shorter and the nights are becoming cooler indicating that we are heading to the Season of Harvest and then into the gloriousness of Autumn colours. But traditional harvest seems to have become earlier, particularly this year, with the several meteorological heatwaves, many crops have ripened much earlier and been more prolific than usual, particularly for strawberries and cherries.

Due to the lack of frosts when blossom was on the trees and despite a lack of rain there have been amazing crops of fruits, strawberries, cherries in early summer and now all the plum, apples, pears etc... The hedgerows are full, of berried hawthorn, blackthorn, and a while ago blackberries. I had a lovely time with our granddaughter, when she visited us, picking blackberries, so that once our apples are picked, I can make the blackberry and apple jelly that she so likes. Our damson crop exceeded 30lbs [lots of winter puddings!] with plenty high up and on the ground for birds and insects to enjoy.

We have been harvesting garden produce for months and now have a well-stocked freezer for the coming winter [broad, runner and French beans], albeit having to water the vegetable plot a lot for a period of time. However, because of the very wet early spring, fields were flooded and crops destroyed and then with the drought in parts of the country the cereal harvest is poor, no fat ears of wheat! The lack of rain has prevented grass growing in the fields and farmers are having to feed hay/silage meant for winter to live stock now. Root crops have not done well. All this is not good news for the food prices in the coming months. So, we have bounteousness and scarcity simultaneously !!!!

As I set out to write this, I picked up today's paper from the mat to find "*A rising tide of voters warm to climate scepticism*" as a secondary headline on the front page!! It's stunning the effect one person's views can have!!

With escalating summer temperatures, wild fires, earthquakes, devastating floods, melting glaciers and icesheets, therefore rising sea levels, something is going on! And with the on-going raging wars contributing huge amounts of CO2 to the atmosphere, I feel all this is of great concern to the well-being of this planet.

Trying to do things to protect our world seems an ever increasingly daunting task in face of climate change doubters. But however powerless we may feel we are not **Prayerless!!** As the bible reading commentary tells me today. In the hymn "What a friend we have" we are told that our problems are "because we do not carry everything to God in Prayer".

In church we have a banner with the letters P.U.S.H standing for 'Pray Until Something Happens'.

Enjoy Harvest's bounty and Autumn's colours whilst praising the Lord for what we have and **praying for his created world.**

Anne Gilmore

Complaints – how do you make them effective?

I cried unto the LORD with my voice;... I poured out my complaint before him; I shewed before Him my trouble. (Psalm 142:1,2 KJV)

Perhaps it is a British thing, but we do not like to complain, do we? But the psalmist was not British, so he did not mind complaining – even to God, we are told. Nowadays, most large organisations, especially public bodies, *want* us to complain if something is wrong, because good service standards are important. They have well designed complaints systems and independent ombudsmen to oversee it all.

The first thing is to try to resolve an issue informally. If this has not worked, use the proper procedure. You can probably find how to on the company's website.

Be precise about what you are complaining about. Be clear – use account numbers, references and dates. Put in the names of persons involved, if you know them. Do not leave it too long because most procedures have deadlines.

Keep it short, simple and to the point. Ask a friend to look at it first, to make sure they understand what you are complaining about. Be firm but polite and business-like – you are more likely to be listened to. It may be helpful to use numbered points, in date order. Keep a note of dates. Be reasonable. It may be an apology will suffice, but do not be fobbed off.

Think about what outcome you want. Is it an apology? If so, get a genuine apology. If you are told “we are sorry you felt let down” that is not an apology; “We let you down” is. Perhaps you want the organisation to change their ways so something bad does not happen to other people.

And another thing: if you get a good service from someone, tell the company. It might make their day.

David Pickup

‘He gave us eyes to see them’: Lucas Cranach’s ‘Adam and Eve’

In October we traditionally give thanks for the good gifts of God’s creation at harvest time. In the readings for our worship, we often return to that original goodness in the Garden of Eden, described for us in the opening chapters of Genesis. We glimpse that scene of paradisaical harmony in Lucas Cranach’s painting ‘Adam and Eve.’ It shows a wonderful menagerie of birds and animals around the couple, all unaware that the harmony will be shattered as Adam takes the apple from Eve.



One version of this painting is in the Courtauld Gallery of Somerset House in London. It is a large, neoclassical building by the Strand in the centre of the city. In the summer months 55 fountains play in the courtyard outside, while in the winter people skate on the ice rink. Somerset House was built on the site of a Tudor palace and dates #

from the 18th century. It is now a centre for the visual arts with an impressive collection of paintings.

Lucas Cranach, this month's artist, was born in 1472 in what is now Bavaria. He became a court painter to the Electors of Saxony until his death in 1553. Cranach was a close friend of Martin Luther, but also had Catholic patrons. Like the Electors, they marvelled at his mastery of landscape and animals. In this painting we are invited into the garden to look on all the beauty and wonder there. Among the animals we can see a hog, a lion (although Cranach would never have seen a lion in the flesh), a sheep, and a stag, a symbol of Christ. There are birds as well, including a pair of partridges, who traditionally represent the power of love, but also deceit. The roe deer drinking from the pool in the foreground is a reminder of Psalm 42 and the soul thirsting for God. But dominating the scene is that moment of turning from God: there is a glorious tree, laden with fruit, and in front Adam and Eve, whose hands clutch an apple, while the serpent slithers down the trunk in a moment of triumph.

The painting is reminiscent of medieval tapestries and, like them, has a beguiling quality. All is beautiful and harmonious: it is Isaiah's vision of the lion lying down with the lamb amid the fruitfulness of nature and the oneness of creation. As we look on, we know that the defiance of God and the temptation to eat will lose this paradise. But we also know that creation will be redeemed by another fruit. Around Adam and Eve are the vine and grapes: they represent the Eucharist, the gift of Christ's body and blood.

The fruit of the tree in the painting leads to a fall from grace, but the fruit from that other tree, the vine, will redeem and lift humanity again to share in the bread and wine, the gifts of creation given at harvest and shared at every Holy Communion.

How does our nearest airport rank?

Have you flown recently? What did you think of the airport? A recent survey considered the various merits of our 30 biggest airports, and chose the following for its 'Top Ten' best airports in the UK.

10. Jersey - 1.5million passengers in 2024. 17 destinations across five countries. One of the airline's hangars (now disused) was built by the Luftwaffe during WW2.

9. Aberdeen - 2.3 million passengers in 2024. The only British airport with an outdoor beer garden.

8. Inverness - 800, 000 passengers in 2024. All flights only to Amsterdam.

7. Birmingham - 12.8 million passengers in 2024. Seventh busiest UK airport with flights to 130 destinations across 40 countries. In 2012, they considered renaming it the Ozzy Osborne Airport.

6. London Gatwick - 43 million passengers in 2024. Second busiest UK airport with flights to 205 destinations across 69 countries. Has 37 bars and restaurants.

5. Newcastle - 5.1 million passengers in 2024. Flights to 76 destinations across 28 countries. Once partly owned by Copenhagen Airport.

4. London Heathrow - 84 million passengers in 2024. Flights to 216 destinations across 82 countries. The world's fifth busiest airport. 20 four-star hotels within two miles.

3. London City (in Docklands) - 3.6 million passengers in 2024. 31 destinations across 15 European countries. Short-haul specialist.

2. George Best Belfast City – 2.39 passengers in 2024. 23 destinations across four countries. Most punctual airport in UK, excels as a short-haul hub, and is only five miles from the city centre.

1. Liverpool, John Lennon – is considered our best airport. 5 million passengers in 2024. 70 destinations across 29 countries. The airport's motto, painted on its roof – 'Above us only sky' – is from John Lennon's 1971 song *Imagine*.

The survey was carried out by the Daily Telegraph. The consumer magazine *Which?* has also named Liverpool Airport as best in the country.

Time to make your Will!

Been putting off writing or updating your Will? Next month the charity Will Aid's 'Make a Will Month' will offer you the opportunity to put your affairs in order, secure your loved one's future and give to charities helping those in need.

Participating solicitors are inviting people to contact them to book appointments for November, when they will prepare basic Wills without charging their normal fee. All that they will ask in return is that clients consider making a voluntary donation to Will Aid. The suggested donation is just £120 for a single Will, or £200 for a pair of mirror Wills.

The money raised is shared by nine UK charities: namely ActionAid, Age UK, British Red Cross, Christian Aid, Crisis, NSPCC, SCIAF (Scotland) and Trocaire (N. Ireland).

As many as half of all UK adults in the UK don't have a Will. They have not made any legally valid provision for what they would like to happen after their death. This can lead to a great deal of stress and uncertainty, as well as financial hardship, for those left behind.

Even if you have a Will, it is important to keep it up to date. Experts recommend routinely reviewing a Will every three to five years, and making a new Will as soon as significant family changes occur.

More details at <https://www.willaid.org.uk/register>. Please book early as solicitors tend to fill their appointments very quickly.

Would you like to place an advert in our Magazine?

Please contact our editor at m.todd1@hotmail.com for further details.

Costs are as follows:

¼ page £40 per year

½ page £60 per year

Full page £100 per year

On what those adverts from parishes wanting clergy REALLY mean...

The Rectory
St James the Least of All



My dear Nephew Darren

So, you are being encouraged to look at adverts for parishes for that happy day when you will have charge of your own church. You wonder if you should look to moving to another part of the country; I suspect it may be better if you look to moving to another planet, as your reputation may not yet have travelled that far.

Reading the specifications that parishes provide, giving a picture of life in their community, need to be read in the same way as estate agents' specifications for houses for sale. Both demonstrate a triumph of optimism over reality. Let me help you decode some of the statements you will find:

- "We look to grow our Sunday School" – We do not have a Sunday School.
- "We have an enthusiastic choir" – We have a choir totally out of control.
- "Our youth group is always eager to learn" – Our youth group experiments with some strange substances.
- "The new incumbent should be sympathetic to our musical tradition"- The new incumbent must be able to play the organ as well as lead the Services.
- "While cherishing our traditions, we see the need for change" – We always see the need for change, but alter anything at your peril.
- "Plans for church renovations are in hand" – The building is in imminent danger of collapse.
- "We have a large range of church groups" – You will have to run a large range of church groups singlehandedly.
- "The vicarage is being refurbished" – The vicarage is a death trap. Its rising damp and dangerous electrics will not be fixed for many months yet.
- "There is opportunity for developing ecumenical relations" – No one in living memory has ever spoken to clergy of other denominations in our town.
- "The new incumbent should have a sense of humour" – He or she will need it when reading this specification.

My dear nephew, *caveat emptor*. Let the buyer beware!

Your loving uncle,
Eustace

The Poppy Appeal – could you help by giving some time this autumn?

The 2025 Poppy Appeal will be launched this month.

The Poppy is a powerful symbol worn by people right across the UK to commemorate the sacrifices of our Armed Forces and to show support to those still serving today.

The Royal British Legion was first set up to help those returning from the First World War. Almost a century on, they're still helping today's Service people, veterans, and their families coping with bereavement, living with disability or finding employment.

However, the Poppy Appeal would not be able to continue without the dedication of the teams of volunteers who stand in the streets, shops and supermarkets. Each town and village has their own Poppy Appeal Organiser - also a volunteer - who runs these teams, arranges for cover, drops off and collects the boxes.

The Poppy Appeal is always grateful for the work of these dedicated people, but the volunteers say they proud to be selling Poppies to show support for those who sacrificed their lives for us.

If you want to volunteer, or if you would like a visit from a local volunteer who can speak to your community/church group, please go to:
<https://www.britishlegion.org.uk/get-involved/volunteer>.

Younger drivers and older drivers

Drivers aged 17 to 24 are twice as likely to be killed or seriously injured as those aged over 70. So says recent data from the Department for Transport.

But there has also been a rise in the likelihood of serious accidents involving drivers aged 86 or over.

Police data reveals that older drivers are more likely to cause accidents by failing to look properly. Young drivers who cause accidents are often found to be drunk or high on drugs.

Meanwhile, the Government is preparing to introduce compulsory eye tests for the over-70s. This has been greeted with relief by driving agencies.

One commented that it is “totally inadequate” that drivers aged over 70 “can self-certify that they can see.” He remembered a case where it was found that an older driver who caused a death had self-certified his eyesight as being fine, when he could barely see his own steering wheel.

BOOK LAUNCH

Community for Reconciliation Footprints
in partnership with
Mediation and Community Support
invite you to the book launch of

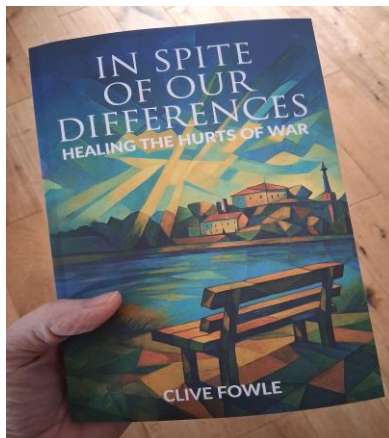
**IN SPITE OF OUR DIFFERENCES,
Healing the hurts of war.
By Clive Fowle MA.**

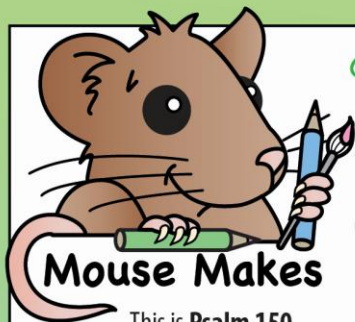
Our co-workers Nena and Snježana from Osijek will be with us.
Rev Clive will be there to sign your book.
Special book launch price £10. Pay by card, cash or bank transfer.

**Saturday 4th Oct at 2:30 to 4.30pm
Rugby Methodist Church Centre
Russellsheim Way, Rugby, CV22 7TB.**

This book captures the heart of authentic peacemaking-as a lifelong calling, a journey of healing, and growth in humility and courage. Having lived through the time and places Clive describes-and having worked alongside him-this book touched me deeply, also enriched my understanding. It will be a valuable companion for anyone seeking to live reconciliation with God, with oneself, and with others-and for those committed to supporting others and communities on that same path. Katarina Kruhonja-Co-founder of the Centre for Peace, Non-Violence and Human Rights, Osijek and Right Livelihood Laureate 1998

To help with catering let us know if you are coming, but otherwise just turn up!
dornmargetts@aol.com or clivefowle1@gmail.com





Mouse Makes

This is **Psalm 150**,
a song of praise to God,
it tells us why and how
to worship God.

*How do you praise and
worship God?*

Praise God in His Temple,
Praise Him in His mighty heavens.
Praise Him for His acts of power,
Praise Him for his surpassing greatness.

Praise Him
with the sounding trumpet,
Praise Him
with the harp and lyre,
Praise Him
with tambourine and dancing,
Praise Him
with the clash of cymbals,
Praise Him
with the resounding cymbals.
Let everything that has breath
PRAISE THE LORD!

P	K	G	C	Y	M	B	A	L	S	A
O	L	R	H	E	A	V	E	N	S	B
W	T	E	M	P	L	E	T	U	A	R
E	T	A	M	B	O	U	R	I	N	E
R	H	T	L	U	T	E	U	A	C	A
D	A	N	C	I	N	G	M	P	T	T
R	R	E	P	I	P	E	P	R	U	H
U	P	S	F	L	U	T	E	A	A	H
M	D	S	G	O	D	E	T	I	R	O
S	T	S	T	R	I	N	G	S	Y	R
O	Y	L	E	D	L	Y	R	E	Y	N

PRAISE • GOD • TEMPLE • HEAVENS • SANCTUARY • POWER • GREATNESS
TRUMPET • HORN • PIPE • FLUTE • HARP • LYRE • LUTE • STRINGS
TAMBOURINE • DANCING • CYMBALS • DRUMS • BREATH • LORD

**COULD ANY ARTICLES/NOTICES FOR THE
NOVEMBER 2025 MAGAZINE PLEASE BE SENT
TO ME BY
SUNDAY 19TH OCTOBER 2025 PLEASE 😊?
(e-mail to m.todd1@hotmail.com)**

Send your love with these flowers

A flower used by Victorians when they wanted to send a 'hidden message' of love is making a big comeback.

It is the aster. It's popularity in bouquets has quadrupled in two years. Sales at Tesco alone have soared by nearly 350 per cent.

And no wonder: asters are vivid, fast-growing British flowers with a good vase life. They come in blue, purple, pink, dark pink, red and white – all with a bright yellow centre. They originally came from Japan and are related to dahlias and chrysanthemums.

The Victorians believed that asters symbolised love, patience, wisdom, elegance and grace. That made asters a sure winner for bearing discreet messages of affection.

More than five million were grown in the UK this year, so there must be a lot of love about!



REPAIR CAFE
KENILWORTH

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REPAIR CAFE



Repair Café Kenilworth

Repair Café Kenilworth (ReCK) is a free meeting space that's all about repairing things together, be that clothes, toys, furniture, electrical appliances, bicycles ... there's very little that can't be repaired by our team of expert volunteers.

We meet at the United Reformed Church every third Saturday in the month, between 2PM and 5PM. There is free parking outside the Church, but it can get quite busy. If your item is particularly heavy or large, we'll always try to assist you as best as possible.



Sustainable. Social. Economic. Fun.

A local Repair Café is a not-for-profit community event, created by neighbours, for their neighbours. The aim of the Repair Café Kenilworth (and those worldwide) is to reduce waste, increase sustainability, save money, and have fun in an informal social gathering.

Oh ... with lots of tea and cake on tap also. It is a Repair CAFÉ after all.

Bin it? No Way!

Some things have to be thrown away ... the old toothbrush with curly bristles, that blown light bulb that's been sitting inside the cupboard since 1983, the fish 'n' chip wrappers from last night's tea ... but what about that broken bedside lamp, or the rickety wooden stool that belonged to your grandparents?



The Repair Café movement has one simple question, and an even simpler answer; Bin it? No Way!

Along with actually repairing your broken items, we'll help you to develop the skills to start repairing them yourself, to promote the culture of repair over replace, and to give you the satisfaction of bringing your treasured memories back to life.

Further details

[Repair Cafe](#) | [Repair Cafe Kenilworth](#) | [Kenilworth \(repaircafe-kenilworth.org\)](#)

The third Saturday afternoon of the month at Abbey Hill Church 2pm-5pm.

ROTAS – October 2025

	Transport	Flowers provided by	Flowers arranged by
5/10	John Nichols 07770 598598	Susan Cross	Emma Watts
12/10	Hilary Scott 07749 836928	Anne Gilmore	Anne Gilmore
19/10	Barbara Rose 07534 104444	Carol Cave	Carol Cave
26/10	Colin Ritchie 01926 512507	Rosemary Lawrence	Rosemary Lawrence
	Projector & Sound	Stewards	Readers
5/10	Alison	Hilary Scott & Gary BINS – Recycling and grey refuse	Kath Shortley
12/10	Ivan	John Nichols & Mary Lea	Lorna Spenser
19/10	John	Di Wilson & Janet Paget BINS – Recycling	John Thomas
26/10	Alison	Jo & John Williams BINS – grey refuse	John Williams
	Coffee	Car Park	Vestry
5/10	John Nichols & Mary Lea		John Nichols
12/10	Rosemary Lawrence & Suzanne Hall		Cheryl Ritchie
19/10	Alison Pointon & Hilary Scott		Rosemary Lawrence
26/10	Barbara & Ian Rose		Colin Ritchie
	Communion Prep.	Comm. Servers	
19/10	Betty Connelly & Kath Shortley		

Names in Bold are Fire Stewards – please arrange a swap if necessary

**THE CHURCH MEETING WILL FOLLOW THE SERVICE ON
OCTOBER 5th**

ROTAS – November 2025

	Transport	Flowers provided by	Flowers arranged by
02/11	John Nicholls 07770 598598	Mavis Duckworth	Emma Watts
09/11	Hilary Scott 07749 836928	Gaynor Watkins	Barbara Gillard
16/11	Barbara Rose 07534 104444	Heather Barton	Heather Barton
23/11	Colin Ritchie 01926 512507	Donna Curran	Donna Curran
30/11	John Nicholls 07770 598598	Jane Woods-Scawen	Christmas Arrangements
	Projector & Sound	Stewards	Readers
02/11	David	Kath Shortley & Betty Connelly BINS: Recycling	Betty Connelly
09/11	Bronwen	Anne & Fred Holloway	Emma
16/11	Ivan	Rosemary Lawrence & Donna Bloy BINS: Recycling & grey refuse	Phil Inshaw
23/11	John	Barbara & Ian Rose	Pat Cowan
30/11	Bronwen	Eileen John & Phil Inshaw BINS: Recycling	Colin Ritchie
	Coffee	Car Park	Vestry
02/11	Jane Woods – Scawen & John Thomas		Anne Holloway
09/11	Gary & Carol King		Anne Gilmore
16/11	Di Wilson & Susan Cross		Susan Cross
23/11	Betty Connelly & Eileen John		Kath Shortley
30/11	Kath Shortley & Cheryl Ritchie		Cheryl Ritchie
	Communion Prep.	Comm. Servers	
16/11	Donna Bloy & Anne Holloway		

Names in Bold are Fire Stewards – please arrange a swap if necessary



Lost in translation

Sign on a door in Istanbul: American dentist – 2nd floor. Teeth extracted by a new Methodist.

Not any more

Two young tourists went into a Quaker Guest house in Lakeland. As they were strangers, the warden approached them and asked, "Are you Friends?"

The answer came back politely, "Oh no, not now, we are married."

Choice

Why do Americans choose from just two people to run for president, and 50 for Miss America?

Wear out

Three little boys were bragging about how tough they were. "I'm so tough," said the first boy, "that I can wear out a pair of shoes in a week." "Well," said the second little boy, "I'm so tough, I can wear out a pair of jeans in a day."

"That's nothing," said the third boy. "When my parents take me to see my grandma and grandpa, I can wear them out in just one hour."

If you understand it...

When you get to the point where you really understand your computer, it's probably obsolete.

Where two or three are gathered...

A lady was describing the small attendance at her local church. "We were so few last Sunday that when the vicar began 'Dearly beloved,' I blushed."

Ten

Asked to name one of the Ten Commandments, one little girl replied: "Do not admit adultery."

Cheap at the price

A little boy was pestering his parents for a baby brother or sister. They kept telling him 'maybe one day, but we can't afford one yet.' Then one Sunday the little boy dragged his parents over to the noticeboard at the back of church. It was advertising a coming sale at the church and announced: 'Children: free'.

Who is God?

During a youth service, the minister asked if anyone could tell her who God is. One youngster waved a hand, and ventured: "Isn't God the man who saves the King?"

Film

The newspapers report how a cinemagoer arose from his seat while watching a film and shot himself. I believe that I have also seen that picture.

Listening

While visiting a cathedral recently, I couldn't hear the service over the chatter of the two people sitting in front of me. Finally, I tapped one of them on the shoulder. "Excuse me," I said, "I can't hear."

The reply was swift and indignant. "I should hope not! This is a private conversation."

Flying

I love flying. I've been to almost as many places as my luggage.

Truths about children?

A young child is a noise with dirt on it.

An unbreakable toy is useful for breaking other toys.

A child will not spill on a dirty floor.

Having children is like having a bowling alley installed in your brain.

Having children will turn you into your parents.

If you have trouble getting your children's attention, just sit down and look comfortable.

PRAYER DIARY OCTOBER 2025

1 st	Anne and Tony Gilmore
2 nd	Julia Graham
3 rd	Jansy, Keiron and Imogen Green
4 th	Donna and Darren Hall and Emelia
5 th	Laraine Hall
6 th	Glenys Hobbins
7 th	Anne and Fred Holloway
8 th	Donald Horsefield
9 th	Jane and Phil Inshaw
10 th	Jennifer Jackson and Robert Banks
11 th	Eileen John and Leon
12 th	Emilie Jones
13 th	George Jones and Judith
14 th	Robert Kerr
15 th	Rosemary and Gerald Lawrence
16 th	Mary Lea
17 th	Gill and David Littleford
18 th	Ruth and Robin Loutit
19 th	Alice McAdam
20 th	John & Ayse McKenzie, Iain, Layla and Scott
21 st	Mhari McLintock and Hugh MacCallum
22 nd	Roz Morris
23 rd	Pam Muckersie
24 th	Rachel Newey
25 th	Vivien and John Nichols
26 th	Janet Paget
27 th	Alison and Ivan Pointon
28 th	Cheryl and Colin Ritchie
29 th	Barbara and Ian Rose
30 th	Hilary Scott
31 st	Pat Scott

WHO's WHO at ABBEY HILL

Church Leader. George Jones

07946 095418

g.jones@abbeyhillurc.com

Secretary: Cheryl Ritchie

01926 512507

ELDERS

Kenilworth dialling code 01926

Susan Cross	07515 890598
Anne Gilmore	855586
Rosemary Lawrence	07814 320480
Vivien Nichols	07979 486845
John Nichols	07770 598598
Colin Ritchie	512507
Kath Shortley	07722 263393

OFFICERS

Fellowship Secretary	Pat Cowan	313904
Pulpit Supply	Anne Holloway	335951
Treasurer	David Connelly	855218
Appeals Treasurer	John McKenzie	779810
Secretary Managers	Ivan Pointon	855399
Organist		
Gift Aid Secretary	John McKenzie	779810
Lettings Officer	Sue England	07434 931056
Free Will Envelopes	Susan Cross	07515 890598
Magazine Editor	Martyn Todd	07763 104118
Brownie Leader	Sarah Pointer	02477 042291
Healing Group	Jo Williams	02477 112156
Weekly Notices		
Safeguarding Coordinator	Alison Crichton	07970 557726
Transport		
Kenilworth Foodbank	Donna Curran	07485 687784

Church Website: www.kenilworthabbeyhill.urc.org.uk

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