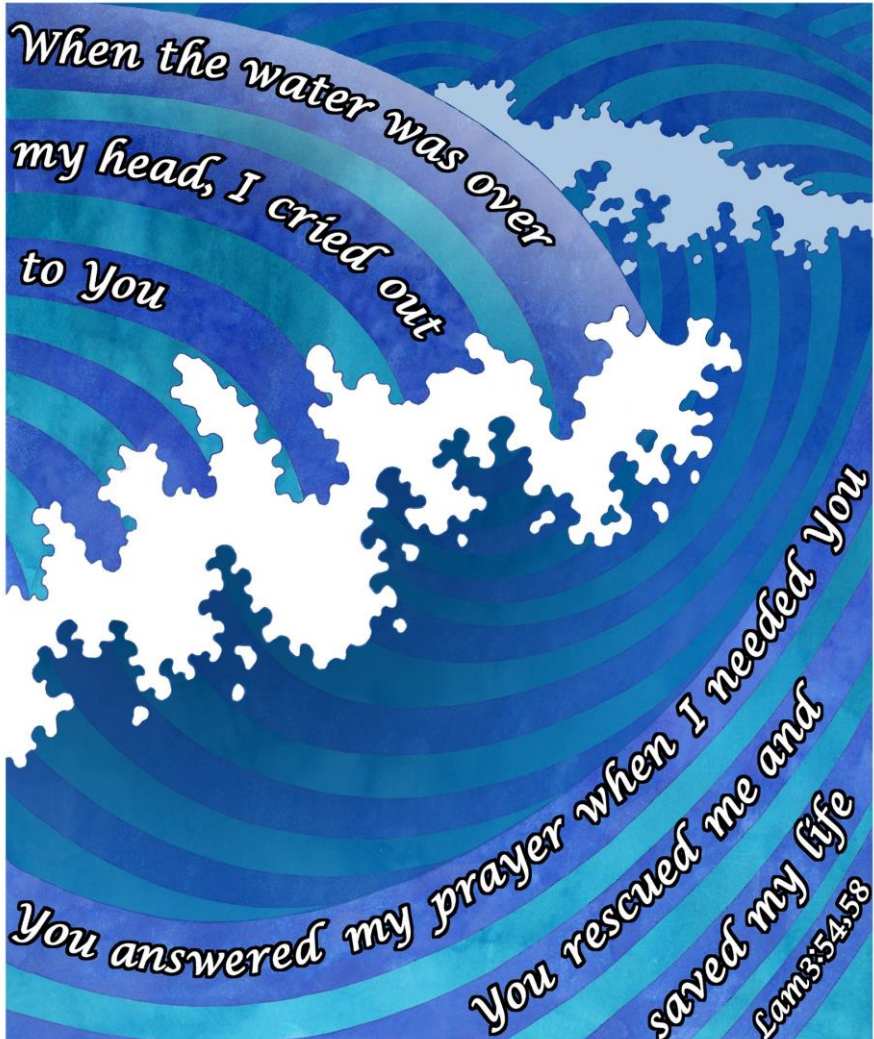


ABBEY HILL U.R.C. MAGAZINE



March
2023



Love Life: Believe in Yourself: Hope in God

I am writing this letter in the aftermath of the earthquakes in Turkey and Syria with the loss of life currently standing at 41,000, a figure which I am sure will unfortunately continue to rise as the recovery efforts continue. Many of us will be wondering what we can do apart from donate funds to the Disasters Emergency Committee and/or many of the other charities working on the ground in these countries.

Well for this letter, I have borrowed a motto (and thoughts) from my good friend Donald Horsfield which may be a help to us. [As an aside, you may have heard that Donald and Haro are relocating back to Kenilworth-ask me more!]

With so many lives lost in Turkey and Syria it is important for each of us to recognise the most amazing gift of life that we have been entrusted with. Humans have developed this gift to become self-consciously aware, and so to realise how precious it is. If we **love life**, we will want to fulfil its potential and enjoy its possibilities. We will therefore show concern for, and treat with respect, everything which fosters that potential and creates those possibilities. **Loving life** will present us with the challenge that Kipling expressed in a poem to his son, urging him to live life to the full and “fill the unforgiving minute with sixty seconds’ worth of distance run.”

To do this effectively, you will need to **believe in yourself**. Nobody knows you, like you do. Knowing yourself, who you are and how you relate to others, is the fundamental task that faces all people.

But we need to be aware of all kinds of dangers. There are the expectations of other people and the pressures of our culture and religion, wanting us to conform. There are those “hidden persuaders” (often called the 7 deadly sins – greed, lust, envy etc) and there is always the possibility of self-deception which can get us into all sorts of difficulties. Life can get very complicated! The solution is to be in touch with some concept of a “better self”. This will act as a guide and serve as a magnet to draw out all that is best in us.

Hoping in God, is another possibility which will direct us to the same end and give us the inner resources to get there. Not the God that much of religion claims to know a lot about and describes in supernatural terms. For me, the word “GOD” is best understood as our word for some mysterious infinite reality, which underlies, inter-connects and empowers all things and yet can be thought of as greater than the sum of the constituent parts. A oneness holding all things together and so holding you at the same time.

So, Love life, believe in yourself and hope in God.

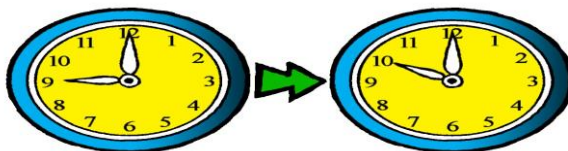
With every good wish

Jane Woods-Scawen - Elder

CHURCH SERVICES FOR MARCH 2023



- 5th Sunday** **11.00 Family Service led by George Jones.**
- 12th Sunday** **11.00 Family Service with Communion led by George Jones.**
- 19th Sunday** **11.00 Mothering Sunday/Parade Service led by David Boyle.**
- 26th Sunday** **11.00 Family Service led by Peter Kimberley.**



Clocks go forward 26th March

CHURCH SERVICES FOR APRIL 2023

- 2nd Sunday** **11.00 Palm Sunday Service led by George Jones.**
- 7th Friday** **TBC Good Friday Service led by George Jones.**
- 9th Sunday** **11.00 Easter Day Service with Communion led by George Jones.**
- 16th Sunday** **11.00 Family Service led by David Connelly.**
- 23rd Sunday** **11.00 Family Service led by Val Whiteman.**
- 30th Sunday** **11.00 Family Service led by Peter George Jones.**

Dates for your Diary - March 2023

Here's a peek at the events that are coming up and being planned. Lists will be up on the noticeboard for willing helpers and how to obtain tickets as necessary.

Designated
Kenilworth
Warm Hub!

Event	Venue	Date	Time	Coordinators
Coffee Pot	Abbey Hill	Every Thursday	9.30 to 11.30	Betty and David Connelly
Community Listening Exchange hosted by Coffee Pot	Abbey Hill	3 rd Thursday every month	10.00	Ivan Pointon and Ed Watson
Repair cafe	Abbey Hill	Every 3rd Saturday	2 til 5pm	Kenilworth Repair Cafe
'Pop Up' House group	On request	Starting Wednesday Feb 1st	Evening	Hilary Scott
Abbey Hill Lent group (others available in Kenilworth/Coventry by request)	Abbey Hill	Starting Feb 23rd	11.30 after coffee pot	George Jones
Talisman youth theatre 'Around the World in 80 Days'	Talisman Theatre	Thursday 16 th March	7.00pm For 7.30 start	John Nichols
Eco talk 'Plastic Free Kenilworth' by Alison Firth and 'What Happens to our Recycling?' Zoe Court, Jamie Wicks from WDC	Abbey Hill	Saturday 25 th March	10-12	Anne Gilmore and eco warriors group
Indoor Car Boot sale. 'A chance to spring clean and clear some clutter!'	Abbey Hill	Change of date TBA	TBA	TBA
Pintogether	The Green Man	Friday 28th April	7pm	Anne Holloway
Music Evening hosted by the Tree House Bookshop	Abbey Hill	Saturday May 6th	Evening TBA	Treehouse bookshop
Coronation tea	Abbey Hill	Saturday May 13th	TBA	Rosemary Lawrence and Pat Cowan

Edgy Saints...A Lenten Study



Open to All

In Person from 1st March 2023: Wednesday Evenings 7:30pm at
Holyhead Road United Reformed Church

Online from 2nd March 2023: Thursday Evenings 7:15pm on zoom
<https://us02web.zoom.us/j/88656126155?pwd=ZzZGOVhOSUdlZVxR0xDM2dLYTRlQT09>

Meeting ID: 886 5612 6155

Passcode: 103563

The sessions look at some of the people who have been declared to be saints by the Church (or are on the journey to such a declaration) – people whose lives especially pointed to God. The Church has declared many people to be saints but we thought it would be good to look at lesser known, edgy, saints. Some of the folk we look at lived on the edge of what we now consider the centre of things. Others were edgy for other reasons – their politics, influence, the way they subverted convention or, in one case, for being a dog! Some were acclaimed by the people long before, or despite never, being proclaimed as saints by the Church. So as we read about people we, probably, have never really heard of, we think about what it might mean to be edgy saints and contemplate how they made a difference and how we might too.

Advance Notice

We are holding an indoor Car Boot Sale in Church in April. Please ask your friends and family if they would like to reserve a table and let others enjoy their preloved items.

Contact Anne Gilmore, Vivien Nichols or Susan Derwent for further information



Flowers for Church

To reduce our 'Flower Miles' we would like to use British flowers in church and homegrown ones, where possible.

Can you donate some flowers, foliage or seed heads from your garden?

When planting seeds this Spring can you plant enough so there's a bunch for Church too?

After you've planted your seeds, please bring any surplus seeds to church for others to plant.

If you think you'll be able to donate flowers, please contact Anne Gilmore

Treasurer's report

The collection for the DEC Appeal on Sunday for Turkey and Syria raised £564.

The communion offertory in March will be for Alzheimer's research.

David Connelly

Pintgether

There will be another opportunity to meet together and chat over a drink at The Green Man on Friday 28th April from 7pm. All are welcome to join us.

Anne and Fred

Lent Group

We will be holding an ecumenical Lent Group each week from 23 February to Maundy Thursday, as above. A number of people have volunteered to lead a session which should make it even more interesting.

Two weeks are still free, 2 and 9 March, and if you feel this is something you would like to do, please let me know. If not, I will be happy to lead.

We will be using a book by Joyce Huggett, 'Walking with Jesus.' Unfortunately, it is out of print and no copies are available.

However, I have scanned each week's material, and if you wish to see any particular week, I am happy to forward you a copy.

Any questions or comments - georgejones43@hotmail.com

Hope to see a few of you there!

George

Coffee Pot – Thursdays 9.30 to 11.30 am

Coffee Pot has started again after Christmas. The first week Anne brought some of her lovely scones and stayed to help. People kept coming, some of the regulars were not there but we still had to put out more chairs as there were five new people.

I could not have managed without Anne. Last week was just as busy I really could do with a helper every week.

Volunteers could just choose a date and write in the book. It is 10am to 11.45am. If I had several volunteers it might be only once a month or even six weeks.

Coffee pot is needed as we have had several ladies who have come in and said their husband has died and I feel I need to mix with people or people come who are just lonely.

Thank you, Betty

Fairtrade Fortnight 2023

This year Fairtrade Fortnight runs 27th February to 12th March. It comes with a sombre reminder: climate change means that soon some of our favourite foods, such as bananas, cocoa and coffee could be harder to grow. And if that is combined with deeply unfair trade, then communities growing these crops will be pushed to the brink. This makes Fairtrade all the more vital – for all of us.

You can help three ways during this Fortnight.

First, why not join an online *Big Fairtrade Get Together*? Hear Fairtrade farmers and other experts explain what needs to change, for a sustainable future. Secondly, *let your friends know* of any Fairtrade event in your area, from a coffee morning to a quiz night. Thirdly, buy Fairtrade whenever you can, from flowers to coffee, clothes to teas, plus lots else.

For more information, visit <https://www.fairtrade.org.uk>

Prayer group

A small group are currently meeting on Wednesday mornings at 9.30 to pray for issues of the day be they church, local, regional, national, international. It lasts approximately 30 - 40 mins. Please come along and join the group when you can, regularly or occasionally, you will be most welcome.

Anne Gilmore

Prayer Cards

At the December Elders meeting, we agreed to obtain a supply of Prayer Cards. They have now arrived and are placed near the front entrance, so that anyone leaving will see them and may want to take a card, or several. Each has a photograph to support the title and the prayer.

Anyone is welcome to take a card, or several of different types. We particularly hope visitors will be interested, but all are welcome to use them for personal use, or to take cards for friends or relatives.

George

Easy Fundraising

Abbey Hill as just received a payment of £39.89.

Many thanks to all who have contributed to that by shopping online through the easyfundraising website.

Greatly appreciated.

Anne Gilmore



Save the Children

CHARITY SPRING FAYRE

**COFFEE AND CAKE
RAFFLE – CRAFTS - STALLS
CARDS AND JEWELLERY**

Saturday 18th March 2023

10.00 till 2.00

**St Francis of Assisi Parish Centre
110 Warwick Road, Kenilworth CV8 1HL**

free admission

car parking available

For details phone 07913351512



Event in aid of Save The Children – Registered Charity No.213890

ROTAS – MARCH 2023

	Transport	Flowers provided by	Flowers arranged by
05/03	Di Wilson	Anne Holloway	Anne Holloway
12/03	Colin Ritchie	Ivan Pointon	Anne Gilmore
19/03	John Nichols	Janet Turner	Heather Barton
26/03	Di Wilson	Bronwen Todd	Bronwen Todd
	Projector & Sound	Stewards	Readers
05/03	Alison	Donna Curran / Anne Gilmore	John Spenser
12/03	Ivan	Phil Inshaw / Eileen John	Jo Stratton
19/03	John	Jo and John Williams	Anne Gilmore
26/03	Bronwen	John Nichols / Di Wilson	John McKenzie
	Coffee	Car Park	Vestry
05/03	Betty Connelly / Eileen John		Vivien Nichols
12/03	Pat Cowan / Glenys Hobbins		John Nichols
19/03	Anne and Fred Holloway		Jane Woods – Scawen
26/03	Kath Shortley / Cheryl Ritchie		Anne Holloway
	Communion Prep.	Comm. Servers	
	Anne Holloway / Betty Connelly		

ROTAS – APRIL 2023

	Transport	Flowers provided by	Flowers arranged by
02/04	Colin Ritchie	Rosemary Lawrence	Rosemary Lawrence
09/04	John Nichols	Jane Woods-Scawen	Anne Holloway
16/04	Di Wilson	Judy Clarkson	Eileen John
23/04	Colin Ritchie	Barbara Gillard	Barbara Gillard
30/04	John Nichols	Jon Atkinson	Di Wilson
	Projector & Sound	Stewards	Readers
02/04	David	Hilary Scott / Ann Banning	Kath Shortley
09/04	Alison	Vivien Nichols / Pat Cowan	Lorna Spenser
16/04	Ivan	Betty Connelly / Kath Shortley	John Thomas
23/04	John	Anne and Fred Holloway	John Williams
30/04	Bronwen	Rosemary Lawrence / Donna Bloy	Betty Connelly
	Coffee	Car Park	Vestry
02/04	Rosemary Lawrence / Suzanne Hall		Jo Warren
09/04	Alison Pointon / Hilary Scott		Kath Shortley
16/04	John Nichols / Jo Warren		Vivien Nichols
23/04	Jane Woods-Scawen / John Thomas		John Nichols
30/04	Susan Derwent / Di Wilson		Jane Woods-Scawen
	Communion Prep.	Pat Cowan / Kath Shortley	

NEWS OF THE CHURCH FAMILY

NEWS OF THE CHURCH FAMILY FOR MARCH.

MARCH BIRTHDAYS.

A Happy Birthday to all of the following:-

March 1st Ayse McKenzie
3rd Di Wilson
4th Judy Clarkson
6th Elspeth Stratton
9th Andy Cooper
13th Martyn Todd
14th Bronwen Todd
15th Martha Curran
17th Vivien Nichols
18th Jane Woods-Scawen
20th Lorraine Hall
21st Jayne Bryan
22nd Robert Kerr

WEDDING ANNIVERSARIES

Happy Wedding Anniversary wishes to:-

March 9th Heather & John Barton
16th Jo & John Williams
20th Lorraine & Barrie Hall
30th Michael & Donna Curran

NEW MEMBER

We were all delighted that Hilary Scott became a member of Abbey Hill URC on Sunday 19th February. Hilary is no stranger to us as she has become a stalwart since first coming to services when our doors opened again after the first Covid lockdown. Long may you enjoy your association with us, Hilary.

THINKING OF

We continue to think of and pray for all our members and friends and name a few – Mary Skidmore, Janet Turner, Esme Thorpe, Winnie Tawil. Edna Dixon, Mavis Duckworth and Joy Verall.

We Come Together....

*We come together...
As an act of love, since my sisters and brothers
Need me as much as I need them.*

*We come together...
As an act of humility,
Abandoning our isolation and self-sufficiency.
From Quiet Moments by Tom Wright*

Please let Pat Cowan know either in person or on 01926 313904 of any Pastoral Care matters.

PLANET FRIENDLY GARDENING

Most of us would probably consider soil and water to be the two most basic needs in any garden and recent years of summer heat, drought and heavy rain showers have presented those of us who like gardening with the need to nurture and value precious resources. Here in Kenilworth we see increases in house building which means less natural environment for us and the creatures we value, so it is good to know that in small ways we can help our planet's natural systems.

Many of us have been making compost and using it as a mulch for years, so it was good to see on WDC's webpage simple instructions to encourage more people to do this from their green waste and wood chippings. Well-rotted compost when spread, has provided our plants with valuable nutrients to enrich our soil structure and fertility as well as providing a diversity of micro-organisms. Mulching around our plants also helps to insulate them from fluctuations in temperature as well as saving moisture as the soil takes longer to dry out and requires less watering. Because the organisms in the mulch help to breakdown soil which overtime may have become more solid, water can penetrate deep into the soil and reach roots low down rather than just on the surface. Mulching can also help to suppress weeds by cutting out light and competing for precious water. Mulches do encourage some of nature's unloved creatures such as slugs and aphids but these do provide food for the creatures we like such as ladybirds, lacewings and hedgehogs.

Leaf mould is very easy to make and loved by plants. Just chop up leaves with a lawn mower and put them in a sealed bag or container with water. Make drainage holes and leave for a couple of years to produce a woodland smelling mulch, so valuable for our plants. There are hard mulches such as pebbles seashells and slate but they are not classed as biodegradable and don't help the fertility of soil.

After a couple of exceptionally hot summers most of us are more water aware. Climate change and population increase has put water supply under pressure, so we need to keep water levels in rivers as high as possible to protect the wildlife which depend and live through them. This makes rainwater storage a priority because we will be required to use less water

from taps. We will also need to think about using water more effectively to reach deeper roots, so we water plants thoroughly but less frequently.

As a result of its research, The Royal Horticultural Society suggests the need now to choose plants which lead to climate resilient borders, plants such as grasses, achillea and corn flowers and others you will know. Sheffield and Reading universities have researched ways in which gardeners can enhance carbon capture and alleviate flooding through plant choice. Most of us know now that trees are an excellent means for carbon storage, but did you know that planting trees has also been found to be good for our health? Researchers have found that hospital patients needed fewer painkillers and healed more quickly where they had views of trees from their hospital windows. Most gardens will be able to take small trees like Amelanchier. We are also encouraged to use green manures made from plants such as comfrey and seaweed rather than chemically produced ones. Combining certain plants and underplanting can reduce aphids. For example on roses, Sarah Raven recommends *salvia jamensis nactvindler* to reduce greenfly. I have also found French marigolds to be effective. We now know that having a bug hotel can encourage the predators which help to keep down the insects we do not want on our plants.

I'm sure that most of you reading this will know as much about planet friendly gardening as I do, but it is sometimes good to reflect on what more we can do.

Eileen John.

All in the month of MARCH

It was:

300 years ago, on 8th March 1723 that Sir Christopher Wren, English architect, died. Best known for designing St Paul's Cathedral.

125 years ago, on 16th March 1898 that Aubrey Beardsley, British illustrator, died. His black ink drawings, influenced by Japanese woodcuts, contributed to the development of Art Nouveau.

100 years ago, on 4th March 1923 that Patrick Moore, the amateur astronomer, TV presenter, writer and musician was born. Best known for presenting the TV astronomy show *The Sky at Night* for over 50 years. (Died 2012)

80 years ago, on 13th March 1943 that the final liquidation of Krakow Ghetto in Poland took place. 8,000 Jews were transported to Plaszow labour camp, 2000 more were simply killed in the streets, and the rest were sent to Auschwitz.

70 years ago, on 19th March 1953 that the Academy Awards ceremony (the Oscars) were televised for the first time.

Also 70 years ago, on 26th March 1953 that Dr Jonas Salk announced that he had completed the first small-scale test of a polio vaccine. Larger tests began in February 1954, and mass vaccinations began in April 1955.

65 years ago, on 2nd March 1958 that the first land crossing of Antarctica was completed by the Commonwealth Trans-Antarctic Expedition, led by Vivian Fuchs. The team of 12 men travelled 2,158 miles from Shackleton Base to Scott Base (via the South Pole) in 99 days, using six vehicles.

60 years ago, on 22nd March 1963 that the British Secretary of State for War, John Profumo, made a statement in the House of Commons in which he denied there was any impropriety in his relationship with Christine Keeler, a model who was also in a sexual relationship with a drug dealer and a Soviet naval attaché. (In June he admitted he had lied, and resigned.)

Mothering Sunday

Mothering Sunday is a day of mixed emotions. For many it's a happy, joyous day, but for others it's one of pain and grief. A day to celebrate love, while acknowledging those who cannot have children or have lost them and those who have no relationship with their mother.

In the dying moments of His life, Jesus honored Mary His mother by showing her love and care. He entrusted His mother to John's protection: *'When Jesus saw His mother there, and the disciple whom He loved standing nearby, He said to her, 'Woman, here is your son,' and to the disciple, 'Here is your mother.'* From that time on, this disciple took her into his home.' (John 19:26,27). While affirming the importance of mothers, Jesus reminds us that the love we show on Mothering Sunday is just a token of our continuous appreciation of them.

Jesus also creates a new way of being family, marking the beginnings of the church. In the past, people would go back to their *'mother'* church on this Sunday, to acknowledge its importance in their lives. Jesus invites us into this new family of love and mutual belonging, where we can find a place, irrespective of our own family circumstances.

Church is not always an easy place to be, because we are shaped by our own experience of mothering. We may find it hard to give or receive love without ourselves getting in the way. However, God's help is available to change things, *'because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.'* (Romans 5:5)

The mother of three difficult youngsters was asked whether she'd have children if she had it to do over again. *'Yes,'* she replied. *'But not the same ones.'*



What a Load of Rubbish?



Presentation with Q&A's with
Zoe Court and Jamie Wickes (Warwick D C)
Alison Firth (Plastic Free Kenilworth)



Why can't all plastics be recycled?

What can be recycled and where?

Do you recognise these symbols?

How can we all play our part?

What happens if I use the wrong bin?



Admission Free

Abbey Hill URC Kenilworth CV8 1LW

Saturday March 25th 2023 10-12 noon

Coffee, tea and cake will be served

For more information, please contact annegilmore7@hotmail.co.uk

The 'Nones'

Do you know any? 'Nones' are people who, when asked what religion they belong to, say 'None'. At the last Census in 2021, just over 50% of adults in England and Wales said they were 'Nones'.

Not all are atheists. More detailed delving by the research organisation Theos, revealed that 16% of Nones believe in reincarnation, 14% in the healing power of crystals and 14% in the supernatural power of ancestors. The author G K Chesterton (1874-1936) wrote, "When people choose not to believe in God, they do not thereafter believe in nothing, they then become capable of believing in anything." He had himself dabbled in the occult and a variety of alternatives, before becoming a committed Roman Catholic.

Recent research by historian Tom Holland convinced him that, "to live in a western country is to live in a society still utterly saturated by Christian concepts and assumptions." You'll find all this in his book, *"Dominion: How the Christian Revolution Remade the World"*.

Even the Guardian's resident atheist admits, "I feel culturally Christian, so deeply imbued with its myths, paintings, hymns and parables". Many others who also claim atheism, often turn out to be less certain than her, and are actually agnostic, meaning 'don't know'.

Many of us seem to have lost touch with our roots and contented to live our lives on the surface without asking questions, until we have to.

Actor Amanda Abbington and stuntman Jonathan Goodwin tell of how their love for each other deepened after an accident left him paralysed from the waist down. He says, "I've always been a very cynical person but since meeting Amanda I've shifted my opinion about the power of the universe. I just had this really powerful feeling that we were supposed to be together."

Does that mean 'none', or something more?

Remembering Sir Christopher Wren

It was 300 years ago, on 8th March 1723, that English architect Sir Christopher Wren died at the age of 90. Best known for designing St Paul's Cathedral, he was also a ground-breaking anatomist, astronomer and physicist.

A founder of the Royal Society, Wren served as its president from 1680 to 1682 and was highly regarded by such eminent scientists as Isaac Newton and Blaise Pascal. But it is as an architect that he is best known: beside St Paul's, regarded as his masterpiece and completed in 1710, he directed the rebuilding of 52 churches after the Great Fire of London in 1666 – though he did not work alone, heading a team of creative minds that included Nicholas Hawksmoor.

Born at East Knoyle in Wiltshire, Wren was the only surviving son of Christopher Wren the Elder, who became Dean of Windsor. He was a sickly child but lived a long life, despite his family being affected by the Civil Wars that broke out in 1642. He married twice, but both his wives died very early – one of smallpox and the other of tuberculosis. Although Wren lived 90 years, he was married for only nine of them, but had four children.

Two factors may have contributed to Wren's success as an architect: one was basic – his decision to move into that field because of the dearth of architects in the mid-17th century; the other was more dramatic – the Great Fire of London, which necessitated so much rebuilding in the city and gave him the opportunity to shine.

Robert Hooke, the scientist and architect who was a friend of Wren, said: "Since the time of Archimedes there scarce ever met in one man in so great perfection such a mechanical hand and so philosophical a mind."

'He gave us eyes to see them': Sandro Botticelli's 'Primavera'

This month we explore a painting that celebrates the glory and wonder of creation. In March the world around us is moving from the cold and harshness of winter to new birth as the earth comes to life again in the season of spring. It is the theme of 'Primavera' by the 15th century Florentine artist, Sandro Botticelli. His work in the Sistine Chapel in Rome brought him to the attention of the Medici court, which commissioned this painting in 1482. The Medici dominated the political life of Florence, but Cosimo and his descendants were also great patrons of the arts. Humanism, which debated the place of reason in a world of faith, was the mood of the day in court life, and the work of artists at that time expressed the human form in all its beauty.

Scholars have never agreed on the exact meaning of 'Primavera,' but it is certainly a celebration of beauty and fertility. We can identify a host of classical figures: Mercury on the left of the canvas separating the clouds so that Spring may come; Zephyr, the west wind, on the right, who is pursuing Chloris; Flora, the goddess of abundance



robed in a colourful dress and adorned with flowers. In the centre we see Venus, the goddess of beauty, with a blindfolded Cupid above, preparing to shoot an arrow at the three Graces, whose arms are joined in a stately dance. The setting is a wooded garden where the trees are filled with oranges, myrtle surrounds Venus, and wondrous flowers spring up from the earth.

At first glance the sensuousness and fruitfulness seem almost profane. But

we look again and think we see not Venus in the centre, but the Blessed Virgin Mary, whose own fruitfulness gave birth to the Saviour. The three figures by her side could be the Christian virtues of beauty, truth and goodness who dance in her honour, while all around God's creation blossoms forth to bring joy and new life. It is the world of the Song of Solomon, which the early Fathers could only accept as an allegory of Christian love, where the individual soul seeks the Saviour. But that book of the Old Testament was written in praise of the love that moves human life, as much as it moves the universe. And that can only be good because God the creator is good.

The writer invites the beloved to accompany her to the fields and vineyards and find fruits in blossom and plants in bloom: a wilderness transformed by growth and goodness. Just so, we enter the garden of this painting. The characters may be classical, some may be Christian, but as we look we see a creative Love that transforms the winter of death and darkness into light and Spring – the birthday of creation.



Repair Café Kenilworth

Repair Café Kenilworth (ReCK) is a free meeting space that's all about repairing things together, be that clothes, toys, furniture, electrical appliances, bicycles ... there's very little that can't be repaired by our team of expert volunteers.

We meet at the United Reformed Church every third Saturday in the month, between 2PM and 5PM. There is free parking outside the Church, but it can get quite busy. If your item is particularly heavy or large, we'll always try to assist you as best as possible.



Sustainable. Social. Economic. Fun.

A local Repair Café is a not-for-profit community event, created by neighbours, for their neighbours. The aim of the Repair Café Kenilworth (and those worldwide) is to reduce waste, increase sustainability, save money, and have fun in an informal social gathering.

Oh ... with lots of tea and cake on tap also. It is a Repair CAFÉ after all.

Bin it? No Way!

Some things have to be thrown away ... the old toothbrush with curly bristles, that blown light bulb that's been sitting inside the cupboard since 1983, the fish 'n' chip wrappers from last night's tea ... but what about that broken bedside lamp, or the rickety wooden stool that belonged to your grandparents?

The Repair Café movement has one simple question, and an even simpler answer; Bin it? No Way!

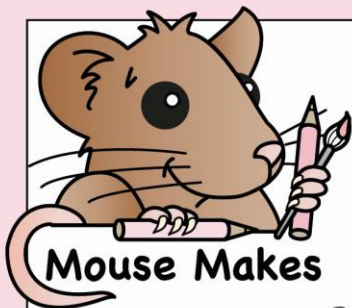
Along with actually repairing your broken items, we'll help you to develop the skills to start repairing them yourself, to promote the culture of repair over replace, and to give you the satisfaction of bringing your treasured memories back to life.



Further details

[Repair Cafe | Repair Cafe Kenilworth | Kenilworth \(repaircafe-kenilworth.org\)](#)

The third Saturday afternoon of the month at Abbey Hill Church Schoolroom.



BIBLE MOTHERS

Who had two sons called Cain and Abel?

_____ Genesis 4:1-2

Who was 90 years old when she had her son Isaac?

_____ Genesis 17:19

Whose prayers for a child were answered by God?

_____ 1 Samuel 1:20

Who was Ruth's Mother-in-Law?

_____ Ruth 1:1-5

Eunice was Timothy's mother, but who was her mother?

_____ 2 Timothy 1:5

Who saved her baby by putting him in a basket in the river?

_____ Exodus 6:20

Look up the Bible verses and find out who the Bible mothers are.



M _____ Matt 1:16

O _____ 2 Tim 1:5

T _____ 1Kings 1:11

H _____ 1 Sam 1:20

E _____ Gen 34:1

R _____ Gen 30:22

WHO IS MY MOTHER?



- CAIN
- ISAAC
- JESUS
- JACOB
- TIMOTHY
- JOSEPH
- SAMUEL
- JOHN
- ELIZABETH
- HANNAH
- RACHEL
- REBEKAH
- EVE
- MARY
- SARAH
- EUNICE



How many other words can you make from:

MOTHERING SUNDAY

?

Look up the Bible verses then find the answers and the names below in the word search



- REBEKAH
- ELIZABETH
- EUNICE
- RUTH
- MARY
- RACHEL
- LEAH
- ZIPLAH
- MOTHER
- MUM

E E L O I S Z I L A M J H
 U V N Z M A R Y Z U O Z R
 N E A D U R U T H L T I A
 I J O C H A B E D E H L C
 C I M B J H M U M A E P H
 E L I Z A B E T H H R A E
 R E B E K A H A N N A H L

**COULD ANY ARTICLES/NOTICES FOR THE
APRIL 2023
MAGAZINE PLEASE BE SENT TO ME BY
SUNDAY 19th MARCH 2023
PLEASE 😊? (e-mail to
m.todd1@hotmail.com)**

Save the Date - National Day of Reflection & Great Daffodil Appeal 2023

For the third year running, Marie Curie will lead the National Day of Reflection on Thursday 23rd March.

It is a day for everyone to remember loved ones who have died, and to support people who are grieving. There will be a minute's silence at noon, a nationwide network of Walls of Reflection, and a series of grief-themed online events.

Taking place on the third anniversary that the UK went into lockdown, the National Day of Reflection raises awareness of the impact of grief on our lives and of the need for better support. Millions of people across the UK – adults as well as children – are grieving now and need support, whether in the workplace, at home, in schools or across communities.

The National Day of Reflection also ties in with the charity's flagship annual fundraising appeal in March – the Great Daffodil Appeal – with people donating and wearing one of their iconic daffodil pin badges. Every year thousands of supporters from across the UK come together to raise money to support the charity's nurses, doctors, and hospice staff so they can continue to provide expert care to people at end of life, and their families.

More details at: www.mariecurie.org.uk/dayofreflection



Lesson

All of us could take a lesson from the weather. It pays no attention to criticism.

Parental excuses

These are actual 'excuse notes' from parents excusing their children from missing school (includes original spelling):

~ My son is under a doctor's care and should not take P.E. today. Please execute him.

~ Please excuse Lisa for being absent. She was sick and I had her shot.

~ Dear School: Please excuse John being absent on Jan. 28, 29, 30, 31, 32, and also 33.

~ Please excuse Roland from P.E. for a few days. Yesterday he fell out of a tree and misplaced his hip.

~ John has been absent because he had two teeth taken out of his face.

~ Carlos was absent yesterday because he was playing football. He was hurt in the growing part.

~ Megan could not come to school today because she has been bothered by very close veins.

~ Chris will not be in school cus he has an acre in his side.

~ Please excuse Ray Friday from school. He has very loose vowels.

~ Please excuse Tommy for being absent yesterday. He had diarrhea and his boots leak.

~ Irving was absent yesterday because he missed his bust.

~ Please excuse Jimmy for being. It was his father's fault.

~ I kept Billie home because she had to go Christmas shopping because I don't know what size she wear.

~ Please excuse Jennifer for missing school yesterday. We forgot to get the Sunday paper off the porch, and when we found it Monday, we thought it was Sunday.

~ Sally won't be in school a week from Friday. We have to attend her funeral.

~ Please excuse Jason for being absent yesterday. He had a cold and could not breed well.

Incomplete

I'm not a complete idiot. Some parts are missing.

Baby sitting

We encouraged our 18-year-old daughter to find a job to help pay for her college education. One day she came home with five applications, and later that evening we read them. Under 'Previous Employment', she listed 'Baby sitting'. And under 'Reason for Leaving' she wrote, 'They came home'.

Top Ten Silliest Questions asked on a Cruise Ship

– Paul Grayson, Cruise Director for the Royal Caribbean Cruise Line

Do these steps go up or down?

What do you do with the beautiful ice carvings after they melt?

Which elevator do I take to get to the front of the ship?

Does the crew sleep on the ship?

Is this island completely surrounded by water?

Does the ship make its own electricity?

Is it salt-water in the toilets?

What elevation are we at?

There's a photographer on board who takes photos and displays them the next day... the question was asked: 'If the pictures aren't marked, how will I know which ones are mine?'

What time is the Midnight Buffet being served?

Rings

They have Dial-a-Prayer for atheists now – you call up and it rings and rings but nobody answers.

Good view

At his wife's insistence, a man purchased a home on a hilltop in a very exclusive section of the community. "I'll bet there is quite a view from way up there," said his friend enviously.

"Yes," replied the homeowner in a resigned manner. "On a clear day you can see the bank that holds the mortgage."

Good and kind

The retiring sidesman was instructing his youthful successor in his Sunday morning duties. "And remember, my boy," he said, "that we have nothing but good, kind Christians in this church – until you try to put someone else in their pew."

Worth remembering.

A man felt he was overloaded in the 'trouble shooting department' of his office, until he found this memo on his desk. "Be thankful for the problems, for if they were less difficult, someone with less ability would have your job."

A wee bit too pious

A Scottish lady invited a gentleman to dinner on a particular day, and he accepted with the dour reservation: "If I am spared."

"Weel, weel," she replied briskly, "If ye're deid I'll no' expect ye."

Asleep

A young man fell asleep in the Sunday morning service, and soon began to snore. The preacher stopped and impatiently motioned to the young boy beside the man to wake him up. The boy said: "Wake him up yourself, you put him to sleep."

PRAYER DIARY MARCH 2023

1 st	Anne and Fred Holloway
2 nd	Jane and Phil Inshaw
3 rd	Jennifer Jackson and Robert Banks
4 th	Eileen John and Leon
5 th	Emilie Jones
6 th	George Jones
7 th	Robert Kerr
8 th	Rosemary and Gerald Lawrence
9 th	Gill and David Littleford
10 th	Alice McAdam
11 th	John & Ayse McKenzie, Iain, Layla and Scott
12 th	Mhari McLintock and Hugh Maccallum
13 th	Roz Morris
14 th	Pam Muckersie
15 th	Vivien and John Nichols
16 th	Alison and Ivan Pointon
17 th	Cheryl and Colin Ritchie
18 th	Hilary Scott
19 th	Pat Scott
20 th	Kath Shortley
21 st	Jayne Shores
22 nd	Barbara and Helen Sidebottom
23 rd	Mary Skidmore
24 th	Lorna and John Spenser
25 th	Jo Stratton, Sophie and Elspeth
26 th	Ruth and Graham Sutton
27 th	Winnie Tawil
28 th	Helen and Dave Thomas
29 th	Esmé Thorpe
30 th	Joy Thorpe
31 st	Bronwen and Martyn Todd, Sarah and Lottie

WHO's WHO at ABBEY HILL

Church Leader. George Jones

07946 095418

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Secretary: Jo Warren

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jowarren450@gmail.com

ELDERS

Kenilworth dialling code 01926

Anne Holloway	335951
Vivien Nichols	512764
John Nichols	512764
Kath Shortley	07722 263393
Jane Woods-Scawen	07971 758777

Fellowship Secretary	Pat Cowan		313904
Pulpit Supply	Anne Holloway	01926	335951
Treasurer	David Connelly		855218
Appeals Treasurer	John McKenzie		779810
Secretary Managers	Ivan Pointon		855399
Junior Church Secretary	Donna Curran		857437
Organist			
Gift Aid Secretary	John McKenzie		779810
Lettings Officer	Rosemary Lawrence		850264
Free Will Envelopes	Susan Derwent	07515	890598
Magazine Editor	Martyn Todd		864332
Guide Leader	Tracey McNamara		856922
Brownie Leader	Sarah Pointer	02477	042291
Crèche	Ayse McKenzie		779810
Catering & Social Committee	Rosemary Lawrence		850264
Healing Group	Jo Williams	02477	112156
Weekly Notices	Paul Duffy		851650
Child Protection Link	Alison Crichton	07970	557726
Transport			
Kenilworth Foodbank	Susan Derwent	07515	890598

Church Website: www.kenilworthabbeyhill.urc.org.uk



FREE



Community Weekly

Social Warm & Friendly Places

Don't Stay at Home Alone this Winter! Get out for **free** teas, coffees, **refreshments** and a chat in a warm, friendly space. Take a friend along or come and make new ones!

Compassionate Kenilworth has compiled a list of **FREE** weekly Community Hubs organised by others here in Kenilworth.

For more information and printable copies of the timetable, please go to **www.compassionatekenilworth.co.uk** or collect copies from the following venues:

theKenilworthCentre
Kenilworth Books
Treehouse Bookshop
Library
All Warm Hub Events

Compassionate
KENILWORTH

WEEKLY FREE COMMUNITY KENILWORTH HUBS

(as of January 2023)

MONDAYS

Crafternoon Tea Group - Bring your own arts project / knitting / crocheting and model making. Spend some time creating and relaxing in company.

When & Where : Weekly on Mondays at Kenilworth Library. From 2.30 - 4pm Tel : 0300 555 8171

TUESDAYS

St Francis of Assisi Church SVP, CK & WRCC Warm Hub - A warm welcoming space for free tea, coffee and cake. Board games, books, crafting, puzzles. Bring your own hobbies, bring a friend or meet new friends.

When & Where : Weekly on Tuesday (through end March) 9am - 1pm. St Francis of Assisi Church, Warwick Rd, EXCEPT on 14th February when the hub will meet at the Methodist Church, Priory Rd.

St Barnabas Warm Hub - Hot refreshments. Come have a chat in a friendly space.

When & Where - Weekly Tuesdays at St Barnabas Church, Albion Street (Starts 10th January) 11.30 to 1pm. Tel : 01926 857509

Bumps and Babies - For expectant and new mums (0-8 months) to get together, chat, have coffee & chill.

When & Where : Weekly Tuesday term-time at St Nicholas Church Hall, 28 The High Street from 10 - 11.30. Tel : 01926 857509

WEDNESDAYS

St Johns Warm Hub - Warm space for company & chat. Feel free to bring your own food and drink. All welcome.

When & Where : Weekly Wednesdays at St Johns Church, 205 Warwick Road From 12 - 2pm. Tel : 01926 853203

Technology Support Cafe - Free technical support and guidance for your phones, tablets and laptops with a cup of tea or coffee.

When & Where : Weekly Wednesdays (term time, back 11th Jan) at the Kenilworth Centre from 2 - 3.30pm. Tel : 01926 855205

Several Wednesday Hubs are being organised by **theKenilworthCentre** for Families and Children in 2023.

Check their website in the New Year for more details of confirmed start dates & times.

www.thekenilworthcentre.com or call 01926 855205

THURSDAYS

Coffee Pot Cafe - A weekly warm, welcoming free coffee morning. All welcome.

When & Where : Weekly Thursdays at Abbey Hill United Reform Church, Abbey Hill, from 10 - 11.30. Tel : 01926 850254

St Nicholas Church - Stay and Play - Group for pre-school children.

When & Where : Weekly Thursdays (Term time) St Nicholas Church Hall, 28 The High Street from 10 - 11.30am Tel : 01926 857509

Meet n Eat - Evening session to share free food and friendship. All welcome.

When & Where : Monthly on Thursday Evenings - (third Thursday of the month) at St Johns Church, 205 Warwick Road, from 6pm. Tel : 01926 853203

St John's Church Toddlers - Group for pre-school children

When & Where: Weekly Thursdays (Term time) St John's Church Hall, 205 Warwick Road From 10 -11.30. Tel : 01926 853203

FRIDAYS

Board Game Afternoon - Spend an afternoon playing Board Games with old and new friends.

When & Where : Weekly Fridays at Kenilworth Library. From 2 - 4pm Tel : 0300 555 8171

St John's Church Drop In - Free drinks and breakfast snacks, company & chat. All welcome - year round.

When & Where : Weekly Fridays at St Johns Church, 205 Warwick Road From 10 -2pm. Tel : 01926 853203

St John's Church Warm Hub - Warm space for company & chat. Feel free to bring your own food and drink. All welcome.

When & Where : Weekly Fridays at St Johns Church, 205 Warwick Road From 10 -2pm. Tel : 01926 853203

SATURDAYS

Winter Warmer Coffee & Tea - Enjoy a free cup of tea or coffee.

When & Where : Weekly Saturdays at The Copper House Club 145 Albion Street, From 12 - 2pm weekly. Tel : 01926 856033

TEA 4 ALL - Free drinks, cakes, warm company and chat. All welcome.

When & Where : Monthly on First Saturday of every month (except January and July). St Barnabas Church, Albion Street 2.30 pm Tel : 01926 857509

Repair Cafe - Free session to get your broken household items, electrical items, furniture, clothes, appliances repaired or just have a free cup of tea or coffee and a chat.

When & Where : Monthly every 3rd Saturday at Abbey Hill United Reform Church, Abbey Hill. From 2 - 5pm
The next cafe is January 21st 2023. There is limited free parking outside the Church and on Abbey Hill.

SUNDAYS

theKenilworthCentre in partnership with Compassionate Kenilworth are running Sunday Hub Sessions at theKenilworthCentre on specific dates. **Hubs include:**

Board Games Hub - Bring a game or play one of ours at our free fortnightly Board Games Hub. A free/pay what you can cafe, **8 & 22 Jan, 5 Feb, 5 & 22 March - no need to book.**

Warm Hub "Music and Hot Food" Sunday - Escape the cold and the rain and join us at the Kenilworth Centre for live music and hot food. Events are free to attend and everyone is invited. Periodic Sundays, resuming in 2023. **15 Jan, 12 Feb, 19 March - Booking essential.**

Please see theKenilworthCentre website for future details and dates of their Sunday Hubs :
www.thekenilworthcentre.com or call on 01926 855205.



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How we can help

Maintain independence at home

We provide advice, exercises and recommend equipment to improve your ability to get on and off your bed, chair, toilet etc., improve your ability to move around your home and live more independently.

Return to walking outside

Getting you back outside can have substantial benefits both physically and mentally. It boosts cardiovascular function, and self-esteem as well as getting you back to the places and people you love.

Prevent deformities & reduce joint stiffness

Restoring movement and maintaining flexibility can reduce long-term damage that can result from a reduction in mobility.

Manage your pain independently

Physiotherapy can help you to manage your pain levels, thereby minimizing its impact on your life.

Improve your balance & reduce risk of falls

Tailored exercise programmes to work on your strength, balance and range of movement, as well as specialist falls prevention advice to help reduce your risk of falling.

Rehabilitation following surgery


Have you had a recent joint replacement, or broken a bone and are struggling to get back on your feet? Physiotherapy at home alleviates the stresses of travelling and waiting in a busy clinic.


Neurological Physiotherapy

Have you had a diagnosis of Parkinson's disease, multiple sclerosis or had a stroke and want to maintain your independence? We can help!



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